



## How Do I Love Thee? Couples Retreat

April 4-6, 2014

Price: \$400.00 per  
couple

Limit 14 couples

Relationships are so much like everything else in life. Ups and downs are not unusual. Sometimes we're surprised when something goes awry. Just as we take the family car in for a routine check, it's not a bad idea to see if all the nuts and bolts are tightened up in our marriages.

The *How Do I Love Thee* couples retreat at Camp Noel Porter, **April 4-6, 2014**, is a great way to get that 10,000 mile inspection. The format is based on the Prepare/Enrich program. Each couple will complete the online assessment through the camp office. Your responses will be completely confidential. The group facilitators will only see a summary of all replies so the issues that are identified can be addressed.

This retreat is for couples who have good marriages they'd like to make better. The focus will be on building our strengths and improving communication. You'll have a week-end in a serene and romantic setting to recheck and refresh your marriage with other couples who have similar goals.

There is a fee of \$400 per couple and includes lodging and meals as well as your online checkup. Download the Registration form at [www.campnoelporter.org/](http://www.campnoelporter.org/). **There is a limit of 14 couples.**

**Dr Beverly Williams** holds a doctorate in Clinical Psychology from Duke University. She has worked with families dealing with behavioral problems, abuse and poverty. As a lecturer at UC Irvine she oversaw counselors' plans for working abused women and children. She also spent several years as a certified trainer for Parent Effectiveness Training which focused on developing a non-accusatory communication model for resolving differences.

As a volunteer with Army Community Service, she served as a counselor to families coping with continual change in a highly stressful environment and led workshops to support military families facing these issues. In consulting practice she has conducted workshops on conflict resolution and been an executive coach. Her motto for personal relationships is, "It's better to be loving than right."

**Dr John Williams** holds joint doctorates in Counseling Psychology and Special Education from the University of Massachusetts. As a former high school teacher and college professor, he has spent most of his career in the mental health field as an executive in children and family services. As a result he counseled multiple individuals and couples.

For the past four years he has been working in pastoral care and has counseled numerous couples. His ongoing work with seniors has provided him with insights as to why some marriages become broken while others continue to grow and evolve even when challenges emerge such as illness, family fragmentation/role shifting, financial stress and changing expectations.

Participant Registration Information:

Participant: \_\_\_\_\_ Name for nametag: \_\_\_\_\_

Home Address: \_\_\_\_\_

Home phone: (     ) \_\_\_\_\_

Mobile phone: (     ) \_\_\_\_\_

Email address: \_\_\_\_\_

Participant: \_\_\_\_\_ Name for nametag: \_\_\_\_\_

Home Address: \_\_\_\_\_

Home phone: (     ) \_\_\_\_\_

Mobile phone: (     ) \_\_\_\_\_

Email address: \_\_\_\_\_

**Participant Health Form**

**Allergies:**  No known allergies                     I am is allergic to  Food  Medicine  The environment  Other

Please describe any allergies below, include symptoms of the reactions:

**Diet/Nutrition**

Participant 1:      I eat a regular diet                     I eat a regular vegetarian diet

I have special food needs

Participant 2:      I eat a regular diet                     I eat a regular vegetarian diet

I have special food needs

Please describe below:

**Release and Authorizations:**

I hereby authorize the employees and volunteers of Noel Porter Camp and Retreat Center (also known as Camp Noel Porter) to use photographs on their website, in promotional materials and any other uses they see fit. I understand that the following behavior will not be tolerated Camp Noel Porter. Violation of these standards, or being knowingly in the presence of others violating these standards, can and will result in consequences deemed appropriate by the Executive Director and clergy staff, including, but not limited to, being sent home immediately at the participant's expense. (Including but not limited to: Possession of illegal drugs, Possession or use of weapons, including pocket knives, firearms, and fireworks, Inappropriate sexual behavior, Fighting or bullying behavior. I acknowledge that in signing this document for my participation in Camp Noel Porter, certain elements of the program are physically, mentally, socially, emotionally, and spiritually demanding. I understand that there are certain risks and dangers (such as those listed below) that exist in the activities of which I will be participating. These risks include by are not limited to loss or damage to personal property, injury, or fatality due to inclement weather, slipping, falling, insect bites, flora and fauna, falling objects, immersion in cold water, drowning, hypothermia, hyperthermia or suffering from any type of accident or illness in remote areas without easy access to medical facilities, or while traveling to and from activity sites. I will have a personal duty and responsibility to learn and follow the safety standards, guidelines, and procedures established by Camp Noel Porter. I understand and assume all dangers (hazards and perils) and risks associated with this program and waive all claims or causes of actions arising from my participation in Camp Noel Porter programs and hereby release all persons and agents from liability whether caused by negligence, breach of contract, strict liability, or otherwise, which I may every have against the program, its successors and assigns, its board of directors, and its officers, employees, volunteers, agents, and their heirs, executors, and assigns. My signature on this document is also intended to bind my successors, heirs, and representatives, and assigns.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**The cost of this retreat is \$400.00 per couple (all inclusive).**

I am paying this with:                    \_\_\_\_\_check (made payable to: Camp Noel Porter) \_\_\_\_\_cash \_\_\_\_\_credit card:

Circle:     VISA        MasterCard        American Express     Discover

Card # \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Name on Card: \_\_\_\_\_ (print)

Billing Zip Code: \_\_\_\_\_

**Please return this form and full payment to:**

**Camp Noel Porter  
PO Box 50  
Tahoe City, CA 96145**